

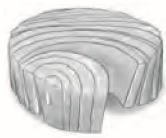
Complete the sentences. Choose the correct answer A–C.

- 1 Beef is the meat from a ____ .
A pig B cow C sheep
- 2 ____ is **not** a type of fish.
A Ham B Tuna C Salmon
- 3 Prawns are a type of ____ .
A meat B seafood C vegetable
- 4 Brussels ____ are usually green and look like very small cabbages.
A beans B sprouts C peppers
- 5 Can you buy some fizzy ____ at the supermarket?
A juice B sugar C drinks
- 6 A meat lover would choose ____ .
A chips B a steak C risotto
- 7 When you are hungry between meals, you can have a ____ .
A snack B starter C pudding
- 8 You can use ____ fish in this dish. It's much cheaper than fresh fish.
A sour B tasty C frozen
- 9 Did you know that you can eat spinach ____ ? You don't have to cook it.
A raw B firm C ripe
- 10 Could you tell me which one is a ____ curry, please?
A mild B crispy C cooked
- 11 This food is not ____ ! Even my dog doesn't want to eat it.
A sour B edible C healthy
- 12 Butter is very ____ . If you eat too much of it, you'll gain weight very easily.
A bitter B strong C fattening
- 13 This kind of bread goes ____ within one or two days.
A stale B dried C unripe
- 14 These eggs must be ____ – they smell awful!
A ugly B rotten C scrambled
- 15 This meal is pre-cooked. Just put it ____ for 20 minutes and it's ready to eat.
A in a jar B in the oven C in a spoon
- 16 Start by ____ 500 ml of water into a large saucepan.
A boiling B serving C pouring
- 17 You don't need to ____ new potatoes before cooking. It's enough to wash them well.
A peel B press C freeze
- 18 That's too much pizza for me. I only want one ____ .
A loaf B slice C plate
- 19 It doesn't ____ good. It's much too salty for me.
A look B taste C smell
- 20 I love chocolate ice cream. What's your favourite ____ ?
A ingredient B texture C flavour
- 21 A recipe tells you ____ .
A how to prepare a particular dish
B what to eat during a day or week
C which products are good for you
- 22 Can you eat all of this or are you allergic ____ anything?
A in B to C with
- 23 You should change your eating ____ – try to eat fruit and vegetables more often and drink lots of water.
A habits B portions C traditions
- 24 Who doesn't prepare food in a restaurant?
A A cook. B A waiter. C A chef.
- 25 I'd like to take some ____ lessons to learn how to prepare Chinese food.
A cuisine B boiling C cookery
- 26 Some people prefer to cut off the crust from their ____ .
A bread B lettuce C chicken
- 27 When I was on a diet I had to ____ puddings. It was hard!
A chop up B put off C go without
- 28 As a vegan, I ____ to eat any animal products.
A refuse B force C order
- 29 *It's up to you* means ____ .
A it's too high for you
B it's for you to decide
C some people are waiting for you
- 30 The price of sugar has ____ up again – a kilo is 25p more now.
A got B gone C stood

WORD STORE 4A

Food – fish and vegetables

Fish and seafood



1 tuna



2 _____



3 _____



4 _____



5 _____

Vegetables



6 _____



7 _____



8 _____



9 _____



10 _____

WORD STORE 4B

Antonyms – describing food

- 1 bitter ≠ sweet 4 hot/spicy ≠ _____
 2 cooked ≠ _____ 5 unripe ≠ _____
 3 fresh ≠ _____

REMEMBER THIS

When they are not fresh, bread and cakes are **stale** but vegetables and meat are **rotten** and milk is **sour**.

WORD STORE 4C

Word families – describing food

NOUN	ADJECTIVE
1 crisp	<u>crispy</u>
2 grease	_____
3 juice	_____
4 salt	_____
5 smell	_____
6 taste	_____

WORD STORE 4D

Words for free – fruit and vegetables

- 1 broccoli = _____
 2 grapefruit = _____
 3 kiwi = _____
 4 melon = _____
 5 spinach = _____

WORD STORE 4E

Collocations – food

	diet	food	snack	meal
(a) healthy	✓			
(a) vegetarian	✓			
a balanced	✓			
a heavy				
a light				
(a) fattening	✓			
(a) cold				
fresh				
fast				

WORD STORE 4F

Phrasal verbs – food

[away up up up up without]

- 1 chop sth up = _____
 2 cut sth _____ = _____
 3 eat sth _____ = _____
 4 go _____ = _____ (about prices)
 5 go _____ = _____
 6 throw sth _____ = _____

WORD IN FOCUS

UP

up in phrasal verbs that don't take an object = move to a higher position or increase

Stand up please.
 Food prices are going up.

up in phrasal verbs that take an object = do sth completely

He chopped the carrots up.
 (or chopped up the carrots)
 Can you cut the meat up?
 (or cut up the meat)

up in phrases

What's up?
 It's up to you.